



UNISON Northern

Education Programme

May 2022

For UNISON activists and members

Learning & Organising Services

Course information

UNISON Northern are expanding our learning offer for members and activists.

We're offering a range of online and face to face courses in May to showcase some of the options available just in time for Learning at Work Week 16-20 May.

Online courses are titled in **pink**

In person courses are titled in **purple**

Many of the courses are relevant to our members' Continuing Professional Development or revalidation so you may be able to request time off work to attend.

Further courses will be available throughout the year.

All courses are free to attend and open to UNISON members only.

Find out more about other courses we offer regionally and nationally by visiting northern.unison.org.uk/get-involved/education/

How to apply

The quickest way to sign up is to scan the QR code with your mobile phone camera to sign up online or you can use the application form at the end of this programme and return it to:

Member Education
UNISON Northern
140-150 Pilgrim Street
Newcastle upon Tyne
NE1 6TH



Become a Union Learning Rep (ULR)

We're looking for more members to become Union Learning Reps (ULRs). ULRs help members find appropriate training courses for their personal and professional development, work with the employer to improve access to training, assist in developing the types of training available to staff, and organise free courses for UNISON members.

As a ULR you will be part of a supportive team of UNISON activists promoting and providing opportunities to UNISON members.

Full training is provided, and you are entitled to paid time off work to attend the training and carry out the duties of a ULR.

Our next accredited ULR training courses will run in July, more details on page 7.

Monday 9 May

Online webinar: Agenda for Change Job Evaluation

Time

12noon - 1:30pm

Who this webinar is for

Members and activists who wish to understand agenda for change job evaluation.

About the webinar

Delivered by UNISON National Officer for Health Louise Chinnery, this course is an introduction to how job evaluation under agenda for change in the NHS works.

Tuesday 10 May

Online webinar: Strategies for Stress

Time

10am - 11am

Who this webinar is for

Members and activists

About the webinar

At the end of this webinar you should be able to:

- Identify sources of stress and hinderance to your wellbeing
- Consider a range of solutions to these problems
- Plan how to make time/space to implement these solutions
- Identify organisations and activities that can help members with their wellbeing

Online workshop: Show Racism The Red Card

Time

11:30am - 1pm

Who this workshop is for

Members and activists

About the workshop

This workshop covers

- Barriers to Equality and the role of Unconscious Bias
- The language of equality: Reflecting on the power of language
- Anti Racism and the Black Lives Matter movement

Wednesday 11 May

TUC Education taster sessions for UNISON members and activists: These sessions will be delivered at UNISON Northern Regional Office, participants can attend one or both sessions, a light lunch will be provided between the sessions.

Session 1 - Bullying and Harassment

Time

11am - 12pm

Bullying and harassment are common problems affecting many members at work. But both bullying and harassment are unacceptable, and the law makes it clear that all employees have the right to work in a safe environment.

- An introduction to bullying and harassment in the workplace
- What is bullying?
- What is harassment?
- What can you do about bullying and harassment?

Session 2 - Cancer Rights and Support

Time

1pm - 2pm

This taster session looks at your rights at work using the Equality Act 2010 from the diagnosis point, through the treatment process and beyond. It will also cover what general reasonable adjustments are available and what support is available both in and out of the workplace.

The course also covers the rights of those who care for people with cancer.

Thursday 12 May

Online workshop: Managing Your Time Effectively

Time

9.30am - 1.30pm

Who is this course is for

Members and activists

About the half day course

This half day workshop delivered at UNISON Northern Regional Office will help to assess how well you manage your time, discuss ways to save time and examine techniques for prioritising tasks.

Friday 13 May

Online webinar: Human Factors

Time

12:30pm - 2:30pm

Who this webinar is for

This webinar is aimed at members and activists based in the NHS.

About the webinar

Human Factors – What Trade Union representatives need to know.

If you represent members in internal disciplinary hearings and want to effectively challenge investigation findings, and at the same time promote positive changes in the workplace that will benefit our workforce, then you need to know about human factors, the approach that all health service and professional regulatory bodies advocate.

If you are involved in health & safety and want to know more about how other safety critical industries approach effective learning from incidents and accidents, leading to the development of safer workplaces and a just culture, then you need to know about Human Factors influenced investigations.

The aims of the sessions are as follows:

- To introduce the basic principles of human factors
- To examine why competent people make errors
- To look at how employers are expected to use human factors influenced design in processes, procedures and equipment to help our members to avoid error

To learn how human factors influenced investigations can lead to a more comprehensive understanding of errors and make a key contribution to effective learning from errors and a just culture.

Monday 16 May

Online workshop: Show Racism The Red Card

Time

4pm - 5.30pm

Who this workshop is for

Members and activists

About the workshop

This workshop covers

- Barriers to Equality and the role of Unconscious Bias
- The language of equality: Reflecting on the power of language
- Anti Racism and the Black Lives Matter movement

Tuesday 17 May

Online webinar: Mentoring in UNISON

Time

2pm - 3pm

Who this webinar is for

UNISON activists and branch officers and gives an overview of how the UNISON mentoring scheme works and how it can benefit your branch.

About the webinar

Participants can find out more about mentoring in UNISON and ask any questions they may have.

This workshop will be facilitated by Nicky Ramanandi (Regional Convenor) and Miles Elliott (Area Organiser).

Wednesday 18 May

Union Learning Reps (ULRs) day event

Time

10am - 3pm

Who this event is for

Trained and untrained ULRs

About the course

This training event is for Union Learning Reps, Education Officers and Lifelong Learning Co-ordinators.

Participants will receive updates on the national and regional learning offers they can promote to their members and workshops on skills useful for UNISON activists working with learners.

Thursday 19 May

TUC Education taster sessions for UNISON members and activists: These sessions will be delivered at UNISON Northern Regional Office, participants can attend one or both sessions, a light lunch will be provided between the sessions.

Session 1 - Disability Awareness

11am - 12pm

It is estimated that there are over 5 million disabled people of working age in the UK plus a further 5 million disabled people over state pension age, but the term 'disabled' means different things to different people. The range and breadth of impairments that we all come across in our everyday lives is substantial

This short taster course will give you an awareness of Disability and understand the legislation around disability awareness.

Session 2 - Depression Awareness

1pm - 2pm

Depression is the predominant mental health problem worldwide, followed by anxiety, schizophrenia and bipolar disorder. This taster session will give you an awareness of the signs and symptoms of depression.

The taster session will cover:

- An awareness of depression
- An understanding of supporting a person with depression

Accredited Union Learning Rep Training July 2022

This training is for UNISON members who wish to become learning reps and takes place over 3 consecutive Thursdays.

Dates

7, 14 and 21 July 2022

About the training

- Develop skills and knowledge about the role of union learning representatives
- Understanding union learning agenda and strategy
- Consult with colleagues and identify their learning needs
- Work with employers to plan learning opportunities within the workplace
- Find out about government policies and programmes for lifelong learning

Education application form

Please complete the application form below and return to Member Education, UNISON Northern, 140-150 Pilgrim Street, Newcastle upon Tyne, NE1 6TH.

We will use this information to check you are a UNISON member, add your name to our training database and update your details.

For more information on how UNISON uses your personal data, visit www.unison.org.uk/privacy-policy

Are you a UNISON Member?
(please circle one answer)

Yes No

Courses are for UNISON members in the Northern Region only.

Course name _____

Course dates _____

Membership number (If known) _____

Name _____

Home postcode _____

Email _____

Mobile number _____

UNISON branch _____